

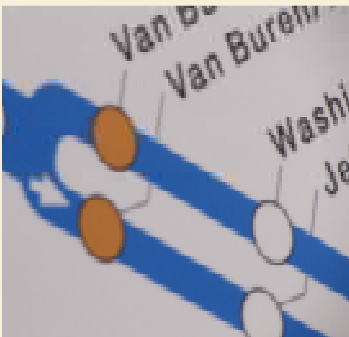
SARRC Training Activities: FALL 2009

The Southwest Autism Research & Resource Center (SARRC) Education and Training Program offers topic-based training activities for parents, educators, therapists, psychologists, administrators, paraprofessionals, habilitators, social workers, and others that live or work with individuals with autism spectrum disorders (ASD). Trainings are led by local and national experts in the field of autism spectrum disorders. This program provides opportunities for advancing the abilities of individuals with ASDs, increasing their level of quality care and instruction, and raising awareness of ASDs. Equally important, it promotes understanding and acceptance from the home, classroom and playground to the workplace and community at-large. Trainings address a range of topics related to individuals with ASD any age or skill level.

Training activities are located at SARRC, 300 N. 18th Street, Phoenix, AZ 85006 unless otherwise indicated. To participate in SARRC trainings, registration is required. Please see attached for registration information.

PLEASE LOOK FOR MORE UPCOMING TRAINING INFORMATION AT www.autismcenter.org, email training@autismcenter.org or call 480.603.3283

SEPTEMBER



Navigating Community Life

Presenter: Karen Guillmette, SLP, Chapel Haven West

Date/Time: 9/11/09 6:00 p.m. - 8:00 p.m.

Cost: \$30/per person \$25 per person/Two or More Family Members

Location: SARRC's Vocational & Life Skills Academy
2225 N. 16th Street, Phoenix, AZ 85006

Presented by staff from Chapel Haven West, this presentation will address how individuals with autism engage in their community beyond the work setting to include the use of public transportation and the development of other important navigation skills.

FRIEND Program

Presenter: Sheri S. Dollin, M.Ed, Sharman Ober-Reynolds, M.S.N., R.N., C-FNP

Date/Time: 9/21/09 9:00 a.m. - 3:00 p.m.

Cost: \$50/per person

This training offers an overview of the FRIEND Program, an inclusive social skills program for preschool-12th grade students which provides increased awareness of ASDs, and how to create learning opportunities for individuals with ASDs to engage appropriately with typical peers in the natural setting at school during lunch and recess. Participants will develop an understanding of ASD learning challenges that may impact social interactions with peers. A discussion of how to implement the lunch and playground program will be reviewed. Innovative materials will be shared to include the FRIEND Program manual, children's book *Wings of Epoch*, DVDs, an educator activity guide, informational tips useful for peer sensitivity training to promote awareness of ASD and social differences, and appropriate strategies for facilitating social interactions for school age students.

ThinkAsperger's: An Overview of Asperger's Disorder, Early Warning Signs and Intervention

Presenter: Elena Pollard, M.A.

Date/Time: 9/23/09 9:00 a.m. - 12:00 p.m.

Cost: \$30/per person \$25 per person/Two or More Family Members

Participants will learn an overview of Asperger's Disorder including characteristics and behavioral examples, as well as review current intervention strategies and research. Information on local support groups and resources will be made available

SARRC Training Activities: FALL 2009

SEPTEMBER cont'd

Jaburg & Wilk Feeding Training Series: This series is offered in collaboration with P.O.P.S.I.C.L.E. The framework for this series of trainings will address the interplay of ASD characteristics and the treatment of feeding issues. Participants attending this series will learn about biological factors, traumatic feeding experiences or other behavioral issues that may result in a feeding disorder. Key features of this series will focus on family support intervention using a transdisciplinary approach, options for support emphasizing social emotional development and intervention based on Applied Behavior Analysis with consideration for kids that need to be medically managed.



Feeding Training

ASHA CE's

Presenter: Meeta Patel, Ph.D., BCBA

Date/Time: 9/25/09 9:00 a.m. - 12:00 p.m.

Cost: No Cost/Parents \$20/Professionals & Habilitators

(See additional feeding trainings offered November 5, February 22, and March 18, 2010)

Dr. Patel, a recognized expert on feeding issues, will focus on how to assess and treat different feeding problems for individuals with autism spectrum disorders (ASD) to include when and what type of treatment to consider. This training will cover different types of feeding problems such as, total food refusal, liquid dependence, selectivity by type and texture, etiology, related medical issues and good nutrition. Using a home-based approach for intervention, Dr. Patel will discuss treatment options based on the type of feeding problem and how and

when treatments should be implemented. In addition, Dr. Patel will discuss how to teach oral motor skills to children who may lack skills to chew and swallow. She will share various feeding tools that may be helpful in decreasing oral aversion. The developmental progression of eating will be covered.

Understanding Autism Spectrum Disorders

Presenter: SARRC Clinical Staff

Date/Time: 9/29/09 9:00 a.m. - 12:00 p.m.

Cost: \$30/per person \$25 per person/Two or More Family Members

This training offers an overview of autism spectrum disorders (ASD). Learn how to recognize the characteristics of ASD and how to identify individual strengths and challenges. Local and national resources and supports will be provided. *Look for more information on this training in Tucson, AZ.*

Financial and Estate Planning Challenges for Families of Children/Adults with Special Needs

Presenter: Chris A. Schneck, Assistant Vice President, Wealth Management Advisor, Merrill Lynch, Bridget O'Brien Swartz, Attorney at Law and a Specialist in Estate and Trust Law

Date/Time: 9/30/09 6:30 p.m. - 8:30 p.m.

Cost: No Cost

Location: SARRC's Vocational & Life Skills Academy
2225 N. 16th Street, Phoenix, AZ 85006



This training offers a discussion on understanding the importance of financial planning and preparing for when you're not there to help. Topics will cover protecting government benefits through proper estate planning, the basics of Special Needs trusts, guardianship/conservatorship, and basic personal estate planning.

SARRC Training Activities: FALL 2009

OCTOBER

Evidence-Based Teaching Techniques

Presenter: SARRC Clinical Staff

Date/Time: 10/05/09 9:00 a.m. - 12:00 p.m.

Cost: \$30/per person \$25 per person/Two or More Family Members

Participants in this training will develop an understanding of comprehensive treatment services for educational and behavioral support. With so many approaches in autism, learn how to identify effective treatments. A review of current research and criteria for evidence-based intervention will be discussed including intervention and support strategies for individuals with ASD. Learn how to determine which approach is appropriate based on an individual's strengths and challenges and how to implement appropriate supports across all settings.

Pivotal Response Treatments (*offered in Spanish only*)

Presenter: SARRC Clinical Staff

Date/Time: 10/10/09 9:00 a.m. - 12:00 p.m.

Cost: \$30/per person \$25 per person/Two or More Family Members

Learn how Pivotal Response Treatment (PRT), a comprehensive evidence-based approach for children with ASD based on principles of ABA can be used across all settings to include procedures for improving the pivotal response of motivation to produce generalized improvements in language and social skills and reductions in disruptive behaviors. Participants will be provided with practical information about how to apply motivational procedures for teaching social communication, academics and facilitating the inclusion and participation of children with ASD.

Applied Behavior Analysis Training Series:

SARRC offers this behavior analysis training to include three workshops created specifically for those living or working with individuals with ASDs, including habilitators, parents and related professionals. Participants will learn evidence-based strategies for supporting individuals of all ages with varying levels of ability. This training series will include an overview of typical child development, autism, Applied Behavior Analysis (ABA) and behavior management strategies. Participants will learn valuable information about communication skills, positive behavior support, how to structure the environment and reinforcement procedures. **Call for information on BCBA CE's.**

\$50.00/training or \$130.00 for all three trainings

Location: SARRC, 300 N. 18th Street, Phoenix, AZ 85006

(See additional training offered November 20)

- **Introduction to ABA**

ASHA CE's

Presenter: SARRC Clinical Staff

Date/Time: 10/09/09 9:00 a.m. - 3:00 p.m.

This training will cover the basic components of ABA, including the ABC's of behavior, reinforcement and prompting strategies, and the importance of understanding typical child development for designing effective interventions.

- **Intermediate ABA**

ASHA CE's

Presenter: Melissa Holderbach, BCaBA

Time/Date: 10/13/09 9:00 a.m. - 3:00 p.m.

This training will provide information on evidence-based interventions for working with individuals with ASDs. Topics will include Discrete Trial Teaching (DTT), Pivotal Response Treatment (PRT), Picture Exchange Communication System (PECS) and Positive Behavior Support (PBS).

SARRC Training Activities: FALL 2009

OCTOBER cont'd

Now That My Past is Longer Than My Future, How Does It Look?

Presenter: Jerry Newport

Date/Time: 10/16/09 6:00 p.m. - 7:00 p.m.

Cost: \$30/per person

Location: SARRC's Vocational & Life Skills Academy
2225 N. 16th Street, Phoenix, AZ 85006

Jerry Newport, and his wife, Mary, are both diagnosed with Asperger's Syndrome. Jerry is a well-known speaker and author. Jerry will discuss his experience living with Asperger's Syndrome and share issues and strategies for teens and young adults with ASD. Jerry and Mary will be available for questions and answers. The movie Mozart and the Whale is based on Jerry and Mary's relationship. Please contact SARRC's VLSA for additional program information on a special showing of this film.



Sleep Issues

Presenter: SARRC Clinical Staff

Date/Time: 10/19/09 2:30 p.m. - 4:30 p.m.

Cost: \$20/per person

This training focuses on quality of life issues involving sleep concerns. Families will develop an understanding of how to assess a sleep related problem and develop an appropriate intervention to establish good bedtime habits with their child so the entire family has restful nights.

Toilet Training

Presenter: SARRC Clinical Staff

Date/Time: 10/19/09 5:00 p.m. - 6:30 p.m.

Cost: \$20/per person

This training will provide an overview of two different Applied Behavior Analysis based interventions for toilet training. One potty training approach that will be covered is the "Potty Party," adapted from the O. Ivar Lovaas curriculum. The other approach discussed is the potty training method developed by the Koegels. Strategies for adapting each method to meet the unique needs of a wide range of children will be discussed. Participants attending this training will learn about ABA based toilet training techniques and how they can be effectively implemented in the home setting for individuals with ASD of any age.

Participation in Community Activities: Out and About, Travel, Holidays, Parties

Presenter: SARRC Clinical Staff

Date/Time: 10/26/09 9:00 a.m. - 12:00 p.m.

Cost: \$30/per person \$25 per person/Two or More Family Members

Community activities and family events should be a fun experience. Because of the unique characteristics of autism spectrum disorders, these activities can be challenging and will affect each child and family differently. Attend this training to learn strategies and practical information for successful participation in community activities, birthday parties, holidays and travel.



SARRC Training Activities: FALL 2009

NOVEMBER

Preparing Your Child for the Future

Presenter: Janet Kirwan, Parent & SARRC Director of Family Services

Date/Time: 11/02/09 9:00 a.m. - 11:00 a.m.

Cost: \$20/per person

This training is provided by a parent experienced in raising a young adult with autism spectrum disorders and over 20 years experience supporting families. Whether your child is young, a teenager or adolescent, this presentation will help parents focus on how to prepare and support their child for functional and meaningful life experiences.

Desensitization Intervention for Sensory and Medical Issues

Presenter: SARRC Clinical Staff

Date/Time: 11/02/09 4:00 p.m. - 6:00 p.m.

Cost: \$20/per person

This training will provide an overview of systematic desensitization strategies in relation to reducing anxiety in individuals of any age with ASD to sensory stimuli such as vacuums and haircuts as well medical issues related to doctor visits. This training will also include video examples and tips on how to provide intervention.

Jaburg & Wilk Feeding Training Series - continued

ASHA CE's

Presenter: Lauren Binnendyk, Ph.D., BCBA

Date/Time: 11/05/09 9:00 a.m. - 12:00 p.m.

Cost: No Cost/Parents \$20/Professionals & Habilitators

In this training, Dr. Binnendyk, an expert in feeding issues, behavior and family support, will provide an overview of a model for assessment and intervention for families of children with autism spectrum disorders and related disabilities with feeding disorders. The aim of this model is to: (a) improve the child's eating behavior; b) promote the child's successful participation in a meal routine; and (c) empower family members to successfully support their child. To begin, the presenter will discuss the importance of conducting a comprehensive assessment of child eating skills, parent-child patterns of interaction, and the mealtime setting. Then, the presenter will discuss steps involved in teaching parents to successfully implement a feeding intervention based on procedures of Applied Behavior Analysis with their child in the natural meal routine.



Overview of the Individual Education Program Process (IEP)

Presenter: SARRC Clinical Staff

Date/Time: 11/09/09 9:00 a.m. - 12:00 p.m.

Cost: \$30/per person \$25 per person/Two or More Family Members

This training will provide an overview of the Individual Education Plan (IEP) process. Learn the step-by-step process as to how information is gathered and what leads to the development of an appropriate IEP. A brief overview of the parents, schools, and individual rights will be covered. Participants attending this training will also learn how to read and successfully interpret an IEP, understanding of educational acronyms and specific IEP components.

SARRC Training Activities: FALL 2009

NOVEMBER cont'd



Music (offered in Spanish only)

Presenter: SARRC Clinical Staff

Date/Time: 11/14/09 9:00 a.m. - 12:00 p.m.

Cost: \$30/per person \$25 per person/Two or More Family Members

Through fun and interactive activities, participants will learn easy to implement strategies and examples of how music can be incorporated into any program in the home, school and community setting. Using applied behavior analysis (ABA) as a framework, participants will also learn how music can be a functional and motivating intervention to teach social, interpersonal, academic and language/communication skills as well as improve attention and participation.

Applied Behavior Analysis Training Series: *continued*

SARRC offers this behavior analysis training to include three workshops created specifically for those working with individuals with ASDs, including habilitators, parents and professionals. Participants will learn evidence-based strategies for supporting individuals of all ages with varying levels of ability. The training series will include an overview of typical child development, autism, Applied Behavior Analysis (ABA) and several behavior management strategies. Participants will learn valuable information about communication skills, positive behavior support, how to structure the environment and reinforcement procedures.

\$50.00/training or \$130.00 for all three trainings

Location: SARRC, 300 N. 18th Street, Phoenix, AZ 85006

Decreasing Problem Behaviors & Increasing Appropriate Social Skills

ASHA CE's

Presenter: Lori Vincent, M.S., BCBA

Date/Time: 11/20/09 9:00 a.m. - 3:00 p.m.

Functional Behavioral Assessments (FBAs) are essential to identifying the reasons behind difficult behaviors and to the development of effective behavior support plans. This presentation will detail information regarding the use of interviews, observation techniques, and data collection procedures necessary for effective assessments. Practice exercises will also be conducted to assist participants in the development and implementation of behavior support strategies.



SARRC Training Activities: FALL 2009

DECEMBER



Using Data to Make Decisions

Presenter: SARRC Clinical Staff

Date/Time: 12/1/09 9:00 a.m. - 12:00 p.m.

Cost: \$30/per person \$25 per person/Two or More Family Members

This training will address the importance of data and how data leads to effective decision-making for individualized treatment and intervention. Participants attending this training will be able to develop an understanding of how to establish specific goals relating to a desired outcome

Pivotal Response Treatment for Supporting Young Children with ASDs in Home, School and Community Settings

ASHA CE's

Presenter: Daniel Openden, Ph.D., BCBA-D., SARRC V.P./Clinical Services Director

Date/Time: 12/04/09 8:30 a.m. - 4:00 p.m.

Cost: \$65/per person

Dr. Openden, Ph.D., BCBA, SARRC's clinical services director, will describe the development and implementation of Pivotal Response Treatment (PRT), an evidence-based intervention for teaching children with autism. PRT is a family-centered approach that may be implemented throughout the day and across natural environments such as in the home, at school or in the community. Dr. Openden will discuss procedures for improving the pivotal response of motivation to produce generalized improvements in language and social skills and reductions in disruptive behaviors. Video examples will be used to illustrate how professionals can implement the procedures throughout the day and across settings.

Call for information on BCBA CE's.

Toilet Training (offered in Spanish only)

Presenter: SARRC Clinical Staff

Date/Time: 12/5/09 9:00 a.m. - 11:30 a.m.

Cost: \$20/per person

This training will provide an overview of two different Applied Behavior Analysis based interventions for toilet training. One potty training approach that will be covered is the "Potty Party," adapted from the O. Ivar Lovaas curriculum. The other approach discussed is the potty training method developed by the Koegels. Strategies for adapting each method to meet the unique needs of a wide range of children will be discussed. Participants attending this training will be able to develop and demonstrate understanding of ABA based toilet training techniques and how they can be effectively implemented in the home setting.



Look for more training information. This calendar will be updated on an ongoing basis.

SARRC Training Activities: FALL 2009



Training Registration:

Please return this portion of the flier and mail with payment or call SARRC at (480) 603-3283 to register/pay by phone or email training@autismcenter.org. SARRC accepts cash, check, credit card and purchase order.

Advanced registration is recommended. Space is limited. Participants will receive a certificate of participation for professional development. Food or beverages are not provided.

Make checks or Purchase Orders payable to: SARRC

Name of Participant: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Day Phone: _____ Cell: _____


Name of Workplace/Organization: _____

Are you a parent of an individual with autism spectrum disorders? Yes or No

Please complete the following:

Date	Name of training activity	Amount due

TOTAL AMOUNT DUE \$ _____



Southwest Autism Research & Resource Center is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Cancellations received seven working days prior to the presentation are refundable less \$10 administrative charge. Payment is nonrefundable for cancellations made after the seven working day deadline.

Southwest Autism Research & Resource Center • 300 N. 18th Street • Phoenix, Arizona • 85006
 Office Phone (602) 340.8717 • Office Fax (602) 340.8720 Workshop Registration Line (480) 603.3283
 www.autismcenter.org • training@autismcenter.org